

# DO IT

a manual by  
ART416 Junior Senior Seminar  
Spring 2015

# HALPERN, Annabelle

## *How to draw a doodle*

Step 1: Get yourself a piece of paper of any size, and a pen, marker, or pencil.

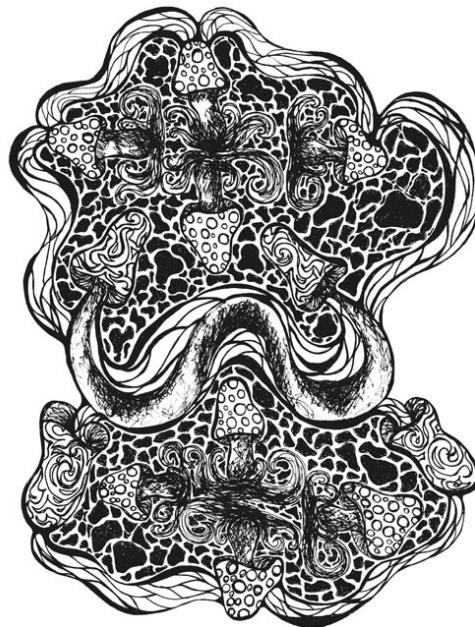
Step 2: Pick up said pen, marker, or pencil and begin drawing. Try starting with an image that first comes to your mind.



Step 3: Take that original image and expand on it. You may begin by mirroring the image to create multiples and patterns.



Step 4: Go ape shit and use your imagination!



ROGUSKY, Avery  
Autumn

Paint with expressionistic technique.

You will need a square canvas, oil paints, paint thinner, gesso, a wide brush, a couple of small to medium sized round brushes, a rag or paper towel to clean your brushes, and a palette to hold your paints. The colors can vary but if you are attempting to achieve a warm, autumn feel in your landscape painting I suggest to use titanium white, crimson red, cadmium red light, cadmium yellow light, burnt umber and viridian green.

It is important to gesso your canvas before you do anything so that the canvas is strong and satisfies the texture of your preference. I suggest using a wide brush to apply the gesso to speed up the process. Wait until the canvas dries to continue.

Now it is time to paint. Pick up your medium sized brush because you are about to block out the big shapes of color on your canvas. I always like to start painting with a medium tone. You can use the raw color of the cadmium red because this layer of paint will be mostly covered and worked. Apply the paint in fast gestural motions to wherever you see color on the canvas. A good tip for this tactic is to squint your eyes and see the basic shapes of light and dark. Just paint the dark shapes.

Wait to let the paint dry.

The next layer should be another medium tone, orange. To make this orange, mix a little bit of cadmium red in with the cadmium yellow. It should be the same or a little less intense than the cadmium red. Apply the orange and layer over the first red layer wherever you may see the orange. This includes around the stream, the top of the horizon line, and the tree masses. The painting motions should still be gestural but more intact.

Wait to let dry.

Now it is time to go in with the darks. Take the crimson red and lightly paint the areas where you see dark shadows. Make shapes with the shadows you see and don't worry about bringing any representational forms out yet.

Grab a thinner brush and add the burnt umber to the crimson red. Use this shade of dark red to bring out the trees and add representational elements of the landscape. The trees should be fast simple strokes going upwards and fading as it reaches the top of the canvas.

Let dry.

The next step is to go in with the darkest. I like adding a little viridian green to my dark crimson and burnt umber mix to make it almost black. I never like to use plain black because it is flat, so I chose green to make the reds pop and seem brighter. Use the dark color to bring out the forms and add shadows here and there. Don't use too much because this is supposed to be a happy, colorful moment in time.

Let dry.

Time for the lights. If you've noticed, I have been telling you to start with medium tones and progress darker. Now I want you to go back to medium tones and progress lighter.

Start with small dabs of warm yellow green for the bushes in the middle ground. Wrap them over through the dark shadow at the end of bend of the stream and let it continue slightly on the other side of the stream. These marks should be fast and short. Try to not think about it too much. The green in the shadows should barely be there compared to the green bushes with the light shining down on them.

While you let this dry, mix up a golden yellow for your highlighted bushes, stream, and leaves of the trees. This color should be applied with a lot of volume. Some should be short and directional others longer and fluid. You want to achieve depth so make sure these are bold when needed and soft when needed. They should be bigger in the front and smaller in the back.

As for the stream, fill in the stream with the same yellow and avoid dark areas. Blend in the dark areas with a reddish orange. Then go and create movement with a yellowish orange.

Take that yellowish orange and fluidly apply and blend into the trees. The trees should almost have a fluid moving *ambré* effect that goes from light to dark vertically.

Wait for this to dry and get ready to use your white. I just use plain titanium white but you can make it whatever color white you want. Go in with the white in the sky and create small little shapes in the trees indicating space and form. This is your time to really create what type of trees and leaves that you desire. Use the white in the stream to create the highlight on the water from the sunlight. This should be again a very fast and fluid movement with the paint. Make it thick and stand out. It should be as white as you can make it.

Last but not least, go in with your darks once more and really try to create depth. Touch up the trees and give them life. Make the shadows darker where needed. Add contrast to the painting.



Although these are all shapes of color layered on top of each other, they all mend together and create a lovely moment in time.



# FOGARTY, Caili

## *Painting Paradise*

### STEP 1

Imagine a place you want to be right now. This place can be a plane ride, a car ride, a bike ride, or a walk away, but must be somewhere that you can imagine.

### STEP 2

Now think of a piece of this place that you can remember vividly: something that you can see in your mind's eye.

### STEP 3

Pick up a paintbrush and begin painting on a canvas what you see. Use your memory to depict the texture of the environment, the smell, the taste of the air.

### STEP 4

Use these memories to paint your paradise. Don't stop until you feel like you are in this place, when your mind's eye matches what is depicted on the canvas.

### STEP 5

Look at this painting whenever you want to quickly visit this place.

**CHONG, KRISTY**  
*The Giving Tree*

Go to your library or bookshelf

Choose a childhood favorite

Go to a place where the sunlight is visible

Read the story.

Think about the character in the story as you go about your day

Before bed draw one symbol that comes to mind from the book in a journal

Write down one word that describes the drawing

Repeat for one week

When the week is over collage the pages together

Document your piece

**DAVIES, Carolyn**  
*Dodge an unwanted kiss*

1. chug a cup of black coffee
2. aggressively eat garlic cloves
3. shove chunks of blue cheese in mouth
4. munch on vinegar infused onions
5. finish off a can of tuna (preferably expired)
6. smoke a cigarette
7. open mouth
8. wait for it
9. dispose of body



GREENE, Emily  
Dieting

1. Just put the fork down.



**PAOLELLA, Brittany**  
*How to transform a room*

*Pick a room in your house*  
*Collect inspiration from magazines*  
*Choose a style*  
*Sketch out ideas*  
*Pick appropriate furniture corresponding to style*  
*Assign a color theme*  
*Buy furniture, wall decorations, and room accents*  
*Deconstruct room of existing decor*  
*Choose a focal point for the room*  
*Set up room in new desired way around focal point*  
*Finish room with bought furniture and decor*  
*Enjoy*

*Or*

*Set room on fire*  
*Enjoy*

**HUFFMAN, Kate**  
*γνώθι σαυτόν*

1. είναι ο οδηγός σου
2. αγγίζει την ψυχή σας
3. τέχνη είναι ο στόχος σας.....



# LORD, Lauren

## *Tinfoil Ball Launching Robot*

Step 1: acquire supplies

- 16 gage wire
- tinfoil
- mouse trap (spring)
- hot glue gun/ glue
- paint for aesthetics
- box or platform of some sort
- rubber band

Step 2: create base for robot to stand on, out of box.

Step 3: start constructing robot's body

use wire, leave one arm off for step 6.

Step 4: glue robot's feet to base, so the figure is standing

Step 5: take apart mouse trap to retrieve spring mechanism

Step 6: make second arm with a basket as the hand, glue one straight end of spring to the arm, glue other side of spring to shoulder area of body. Spring should be at a neutral position.

Step 7: tie the rubber band to end of the arm(middle of basket)

Step 8: roll tinfoil into balls for ammunition

Step 9: pull rubber band back, bringing the arm back behind robot's body, place ball in basket and release. Tinfoil ball launches through the air!

# **BIRMINGHAM, Mary**

## *Surviving a Panic Attack*

1. Inhale slowly for 7 seconds, focus on your breath.
2. Hold that breath for at least 4 seconds.
3. Slowly exhale for 8 seconds, try to slow your thoughts.
4. Now take any color medium and apply it all over a large paper or canvas. (Note: several pieces can be used.)
5. Then tear the pieces of colored paper or canvas to shreds.
6. Sweep up the pieces and keep the ones that you like.

# **NICE, Chrissy**

## *Ted's Amputation*

1. Purchase Teddy Bear.
2. Cut Teddy open, carefully remove all of his limbs.
3. Mount Ted to a wall, mount his arms and legs around him.
4. Watch him squirm.

# **PARK, Lucy**

## *How to make a super bouncy ball*

Preparation: containers (or jar) x2, isopropyl alcohol 91%, sodium silicate solution, a stick

1. Wear safety gloves before using any chemicals.
2. Wear cool-looking sunglasses for your own safety (not very important).
3. Pour 1tsp of isopropyl alcohol in a container.
4. Pour 4tsp of sodium silicate solution in the other container.
5. Grab the container with isopropyl alcohol and pour it into the container with sodium silicate.
6. use a stick to stir the mixture until it becomes thick.
7. Grab the mixture with your hands and try to make it round as possible (make sure you keep the safety gloves on until the mixture fully dries).
8. Bounce it on the floor and watch it bouncing all over the place.

# DELUCE, Peter

## *Slushie*

Step 1: Get a cup



Step 2: Place lid on cup



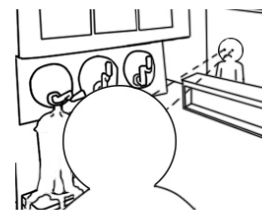
Step 3: Turn lever and fill



Step 4: Continue filling



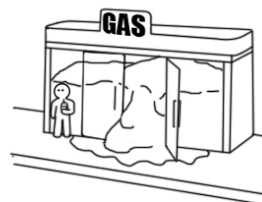
Step 5: Maintain eye contact with store clerk



Step 6: Brave through step 5



Step 7: Fill store and leave with free tasty slushie



## **DIMAIO, Emily**

### *Generational Thoughts*

Ask the oldest male member of your family what his thoughts are on public breastfeeding.

You will most likely respond with one of the following:

1. Hysterical laughing
2. Frustration.
3. Debate.
4. All of the above.
5. None of the above.

# REILLY, Shelbi

## *Music Story*

Go to your iTunes Library

Play music on shuffle

Write down the 2nd song that comes on

Write down the 4th, 8th, and 16th songs that come on

Using only the words in the song titles, arrange the words to form a sentence or mini story.

Write the story here:



# BATORY WAEGEL, Avalon

## *How to Make Apothecary Bottles*

### MATERIALS:

Paper (8.5" x11")

Scissors

Ruler

13"x9" baking pan

3-5 tea bags (regular Lipton black tea is fine)

Small glass bottles (can be clear, amber, or other colors)

Hairdryer

Adobe Photoshop or equivalent program

Design templates (can be Googled)

### INSTRUCTIONS:

1. Use the Google search engine to bring preexisting apothecary bottle label templates into Photoshop and resize them according to the various bottle sizes.
2. Boil the tea until the water turns very dark and pour it into the baking dish.
3. Let the paper soak in the tea dye bath until it reaches desired aged look.



# **SIEGEL, Yvette**

## *Hillbilly*

1. Take a Sharpie
2. Pop off the lid
3. Bring the tip to your mouth
4. Open your mouth
5. Color 1 front tooth
6. Wear a straw hat
8. Wear Overalls
7. Become who you were always meant to be...

a Hillbilly

4. Use the hair dryer to dry the paper flat.
5. Put the paper into the printer and print out the labels from Photoshop.
6. Cut the labels to fit the individual bottles.
7. Use the paintbrush to apply Mod Podge to the backs of the labels and apply to the bottles.
8. Paint a thin layer of Mod Podge over the top of the labels and let dry.

# Vitale Cristian

## *Extensions-1*

1. Through friends or however you can go about it, collect large amount dreadlocks. I like afro-dreads

2. Once you have collected the desired amount divided them into groups according to their thickness. The thickness dread will serve as the trunk to your tree made of dreads.

3. Take some wire and patiently drive it through the center of each dread lock (note you will need different caged wire depending on the size of the branches and trunk) until you reach the other end. Have some wire stick out on the side where it would connect to the trunk or other branches.

4. Connected the dread locks by using black sewing thread and soldering when needed.

5. Carve out of wood a solid base, then drill a half-inch hole somewhere on the surface. Make sure the drill bit is the same diameter as the wire. Take the wire coming from the bottom of the trunk go into the wood.

6. Meditate with you AFRO-DREAD BONSAI!

**CRISTELLO, Matt**  
*Achieving Artistic Genius*

Step 1: Acquire an object

Step 2: Put a wolf on it.



Step 3: Repeat. Incessantly.

# **ELEFANTE, Jackie**

## *DIY Wooden Sign*

If you've ever been to the store Brandy Melville, you've probably spent at least a few minutes drooling over their cute wooden signs. This is how to make a Brandy inspired sign customized to your liking!

Materials:

1. 8" x 12" Wooden Plank
2. Acrylic Paint
3. Wood Stain
4. Letter Templates

Start by applying a thin layer of Wood Stain to your Wooden plank on all sides and edges. After the stain is fully dry, measure a 2.5 cm border on all four sides of the front side. Masking tape is helpful to ensure the border lines are straight. With a foam brush, paint the border and the edges with acrylic paint. Leave the tape on until the paint is dry. I create letter templates by printing in Microsoft Word with the font Roboto size 275 pt. Cut the letters out to create a stencil. (Make sure to save little shapes such as the triangle in the middle of the A) Fill in the letter template with the acrylic paint and peel the template off once the paint is dry. Add a wire hook by drilling two holes in the top and tying a wire through.

## **GRAF, Meg**

*If You're Reading This, You've Heard  
it All Before*

Open up your Music Application, i.e. iTunes, Spotify, Sound-Cloud, etc.

Listen to every Drake song for 30 seconds and pick out one word that stands out to you

Take your chosen words (profound or not) and put them in the order you listened to the songs

Piece the words together to create lyrics

Record yourself on GarageBand, your iPhone, whatever recording device you have “rapping,” singing, or talking these lyrics ... your choice.

Add a “fat” beat behind your vocals in a music composing application

Convince your friends this song is the next big hit.

Oh yeah, and don't tell them it's you, because it will most likely stink.

Last step, try and avoid copyright infringement lawsuits.



# GEORGE, Jamie

## *How to build a Chimera*

1. Go to the zoo.
2. Find 2 or more animals that you find interesting.
3. Take features from each animal and combine them together into one to create something new.



# HOMOLA, Randi

## *Design*

1. Have someone give you a creative assignment. This person will now be known as “The Client”.
2. Create a concept to base your design around. Make it simple, but not *too* simple, and detailed, but not *too* detailed.
3. RESEARCH RESEARCH RESEARCH!
4. Create thumbnails and iterations until everything looks the same or your hand falls off. Whichever comes first.
5. Make many compositions until you have pulled an all nighter.
6. Choose what works best according to the creative assignment. (Step 1)
7. Take to Client, and have dreams crushed.
8. Do opposite of what the Client has asked for, because this is actually what the Client wants.
9. Add tears and a ridiculous amount of coffee.
10. Repeat Steps 4 through 6 while keeping in mind Step 8.
11. Your final piece is now complete.
  
12. Remember, you must follow these instructions because there’s obviously only one way to be creative.
  
13. **Congratulations**, you are now a Designer.

# STERN, Isabel

## *Rainy Autumn Painting*

*How to create a painting of autumn foliage in the rain, using different scales and acrylic paint.*

*Step 1: Color the canvas with layers of light washes using greys, blues, greens, and maroons.*



*Step 2: Paint in the trees and leaves in the bottom right corner of the canvas.*



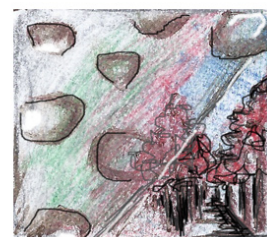
*Step 3: Fill in details, shadows, and highlights.*



*Step 4: Paint a transparent wash over half of the trees to create the illusion of a window.*



*Step 5: Paint large rain droplets over the left side of the painting where the "window" is.*



## **JACOBS, JILL**

### *Conceptualize It*

- 1. Think of a central concept or theme that you want to explore in your art*
- 2. Choose the medium in which you think will best allow you to express it*
- 3. Acquire paper and a writing utensil of your choice*
- 4. Draw fifty boxes, approximately 2" x 2"*
- 5. Roughly sketch in ideas of how to execute your concept, filling as many boxes with as many ideas as you can fathom*
- 6. Set down your sheet of thumbnails and go do something else*
- 7. Return to your concept and solidify exactly what theme you are trying to represent and how you want to do it*
- 8. Then circle or star your top 3-5 thumbnails*
- 9. Do a larger sketch of one or a few of them*
- 10. Figure out what needs to happen in order for this idea to be brought to fruition*
- 11. Make it.*

# **NOCE, Jamie**

*Making the “perfect” person*

1. Write down what you think the best thing is about the person to your right
2. Pass the paper to your left
3. Repeat step one and two
4. Have the fifth person create a drawing of a person illustrating those five traits

# **KATZ, Brittany**

## *Personal Boogie*

Pick your current favorite song.

Create an awesome dance routine to the song from start to finish.

Show off your sweet, sweet dance moves by performing the routine.

Audience optional.

# Henry, Kelsey

## *Do It Instructions*

1. Choose a form of text, from a book, newspaper, etc.
2. Choose 1 letter and begin to color in that letter everytime you see it through out the text with a black sharpie. (it should be a little dot)
3. Now with all the black dots all over the page, begin connecting the dots creating an interesting pattern or randomness.
4. Once every dot is connected, take an X-acto knife and begin to cut the paper in 2 inch vertical strips. Cut those in half with straight and diagonals cuts.
5. Once the piece of paper is cut up, modge podge the pieces onto an 8x10 inch canvas. Create angles and shapes. Turn some pieces upside down so the text is hard to read.
6. Once it has dried, take a 1 inch paintbrush and a tube of burnt sienna acrylic paint. Add water and a little paint to create a wash over the canvas.
7. With the Alizarin Crimson hue outline shapes you see along with random vertical strokes. Create different tones.
8. Take burnt sienna again and create darker areas on the left and right part of the canvas. Overlap burnt sienna and the crimson.
9. Take viridian hue and create crosshatch in the top left and diagonal dark lines in the bottom right, left and top right. Create slight wash of the viridian in the center and top middle sections.
10. Keep going until you feel it is complete.



# **Guzzo, Rebecca**

## *Lasercut 3-D illustration*

1. Draw something. Make sure it has depth and dimension so it will translate well as a 3-D form.
2. Break the illustration down into basic shapes and put it into illustrator. Make each shape separate so when you laser cut you can layer the shapes on top of each other to create your illustration.
3. Contact Peter Shwank to use the laser cutter.
4. Try not to annoy Peter Shwank about the laser cutter.
5. Once your pieces are lasercut, layer them on top of each other until desired form is achieved.
6. Purchase three types of woodstain: dark, medium and light.
7. Stain each individual piece to create light and shadow to give your piece depth. Wiping the stain off before it dries will create lighter colors and offer you a wider spectrum of shades.
8. Let the stain dry over night.
9. Once the stain is dry, layer the pieces again to make sure your illustration is exactly how you want it.
10. Glue the pieces together, layering them exactly how you set them up.
11. Achieve a beautifully dimensional woodcut illustration.

**LEWIS, Brianna**  
*12 Steps to Achieving Perfection  
through the Creative Process*

**RESEARCH** your topic

**CONCEPTUALIZE** three interesting ideas

**THUMBNAIL** for each concept

**FAIL** when critique doesn't go as hoped

**FAIL** just a little less after revisions

**WALLOW** in confusion

**QUESTION** who made the project brief

**CONSIDER** changing your major

**PRAY** to the design gods for mental stability

**CREATE** something that works via a happy accident

**FINISH** your project in the little time you have left

**REPEAT.**

# **FORTMAN, Megan**

## *Loving Your Work*

This project requires anywhere from 1 day to many years. Discontent is pivotal.

1. Start with a blank canvas, sketchbook, mind, memory card, block of clay, etc.
2. Stare
3. Resolve to at least get started
4. Stare
5. Clean studio
6. Stare
7. Start artwork
8. Question not only this idea, but any idea you've ever had
9. Finish artwork
10. Look at artwork with disgust from across the room

# **FORTMAN, Megan**

## *Loving your Work*

11. Think seriously about destroying the piece and starting over from scratch
12. Leave studio for at least 12-24 hours, if not longer
13. Return to studio
14. Pick out the most redeeming qualities of the work, but overall still dislike it
15. Ask the opinion of others and refute any compliments
16. Leave studio for another 12 hours
17. Put artwork aside or in the corner of the room
18. Return to steps 1-7
19. Stare at artwork
20. Make minor changes that only you can detect
21. Stare

**FORTMAN, Megan**  
*Loving your Work*

22. Entertain the idea of potentially liking the artwork
23. Put piece in the corner of the room
24. Entertain the idea of trashing the piece to start something new
25. Repeat steps 18-22 until love arrives

# Mele, Matt

## *Making a Tintype*

1. Attain access to a dark room and the following materials:

- rubber gloves
- safety glasses
- paper towels
- scissors
- aluminum plate (4x5")
- emulsion
- developer
- fixer
- 3 trays
- electric water kettle
- mug/carafe
- fan/blow dryer
- film negatives
- pictorico paper
- computer (Photoshop)
- scanner
- negative carrier
- printer
- darkroom enlarger

2. Take desired film negative

Scan to Photoshop using negative carrier (size to 4x5")

Increase contrast (high-contrast/clear image is best)

3. Print onto clear Pictorico paper

Cut to size of plate (4x5")

-----darkroom-----

(wear gloves and safety glasses)

4. Heat tea kettle till water boils

5. Pour hot water into mug and submerge bottle of emulsion  
(to soften/liquify)
6. Prep plate (clean surface, put down paper towels for excess runoff)
7. Remove emulsion from hot water  
Pour onto plate (start in middle and rotate plate to evenly disperse emulsion/coat plate)  
Pour excess into bottle
8. Gently place plates onto flat surface (in light sensitive area/ cabinet)  
Run blow dryer/fan to speed drying time (important: not directly on plates or emulsion will run unevenly)  
Wait 30-45 minutes (or dry/slightly tacky to touch)
9. With scissors, cut out image from Pictorico paper (4x5")  
Place onto clean plate and align evenly
10. Place plate with image facing-up onto enlarger  
(F-stop/ exposure time/ enlarger height always vary. A trial run /test strip is recommended to get best contrast and result.)  
Expose under the enlarger with proper settings
11. After exposing, carefully remove Pictorico paper from plate
12. Pour developer into tray and submerge plate  
Develop 3+ minutes or until image appears (light agitation)  
Gently remove from developer (with gloves)
13. Pour fixer into another tray and submerge plate  
Fix for 5-10 minutes  
Gently remove
14. Lastly place plate in remaining tray filled with cool water  
(if water is too hot, it will soften emulsion)  
Remove
15. Take plate out of darkroom and expose to light
16. See your finished tintype!

# Moses, Jaleesa

## *Live Unicorn Painting*

Start with a sheer veil of blue on the canvas.

Add clouds that sparkle like the sun's rays.

Paint in any form of water, ie. a river, a waterfall, an ocean.

Capture your unicorn in all of its glory using duochrome, 3D paints.

Add speckles of sunshine dust for effect.





# TRUSKOLAWSKI, Rachel

## How To Make A Spider Out Of Sheet Metal

1. (Head) Cut 2 pieces of sheet metal into a rounded triangle shape about 11 x 10 inches



2. Use a hammer and anvil to round out both of the pieces of sheet metal into a rounded bowl shape



3. Weld the 2 pieces of sheet metal together to form an almost spherical shape



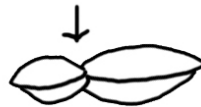
4. (Body) Set that piece aside and cut 2 more pieces of sheet metal into long rounded triangular shapes about 16 x 24 inches



5. Round these pieces out just like the previous piece and weld them together the same way



6. Weld the head piece to the body piece



7. Set that aside and cut 8 long triangular pieces of sheet metal about 2 ft x 3 inches



8. Make 2 one inch cuts about every 1/3 of the way down on each side



9. Use the cuts to bend the metal at each area into a spider leg shape



10. Use the anvil and hammer to bend the sides of each leg about 1 inch to create an almost squared off shape to make the legs more 3 dimensional



11. Weld each leg onto the sides of the spider body right below the middle crease where the top and bottom of the body meet, each leg should be evenly spaced out across each side of the body



12. (Pincers) Put that aside and cut 2 small pieces of sheet metal into 4 x 3 inch triangular shapes



13. Use the hammer and anvil to round off the shapes into a half cylinder shape



14. Weld one shape onto the left front part of the head and the other onto the right front part of the head



15. Weld shapes onto the head, body, and legs of the spider figure to give the illusion of fur and decorative markings



# **Ramos, Christopher**

## *Ghost Stories*

Find 13 ghosts.

Interview them and find out their story.

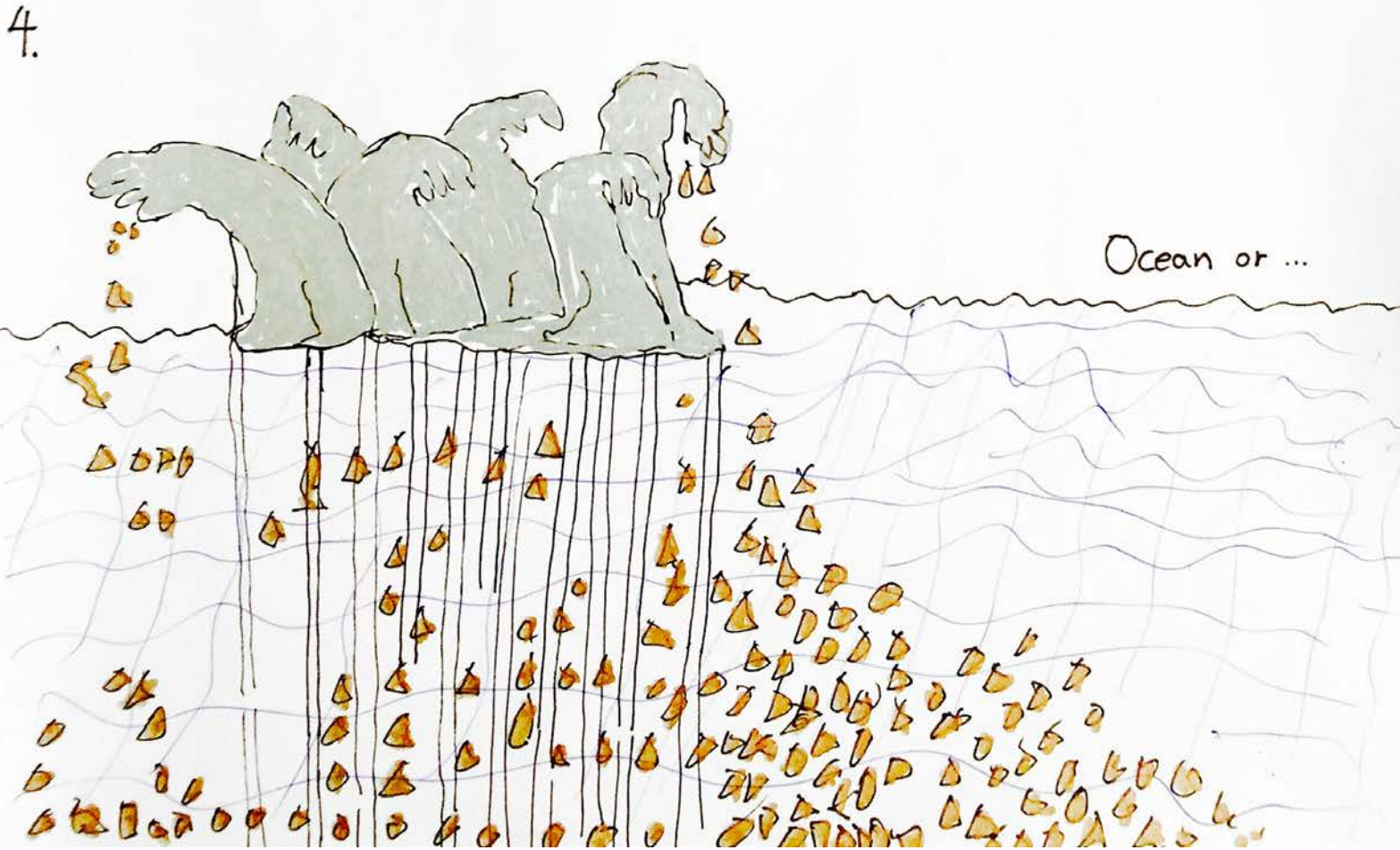
Go on an adventure to give them reconciliation.

Free them from their earthly bonds.

Document everything.

But tell no one.

< The Nose >



**TLASECA, Nathan**  
*Remember*

Draw a quick portrait of the last person you kissed.